

Where are we?

Stanley Children's Centre
Strathmore Road
Teddington
Middlesex
TW11 8UH



0208 734 3372

stanleyccinfo@richmond.gov.uk

www.richmond.gov.uk/childrens_centres

www.facebook.com/RichmondFIS

Our Staff

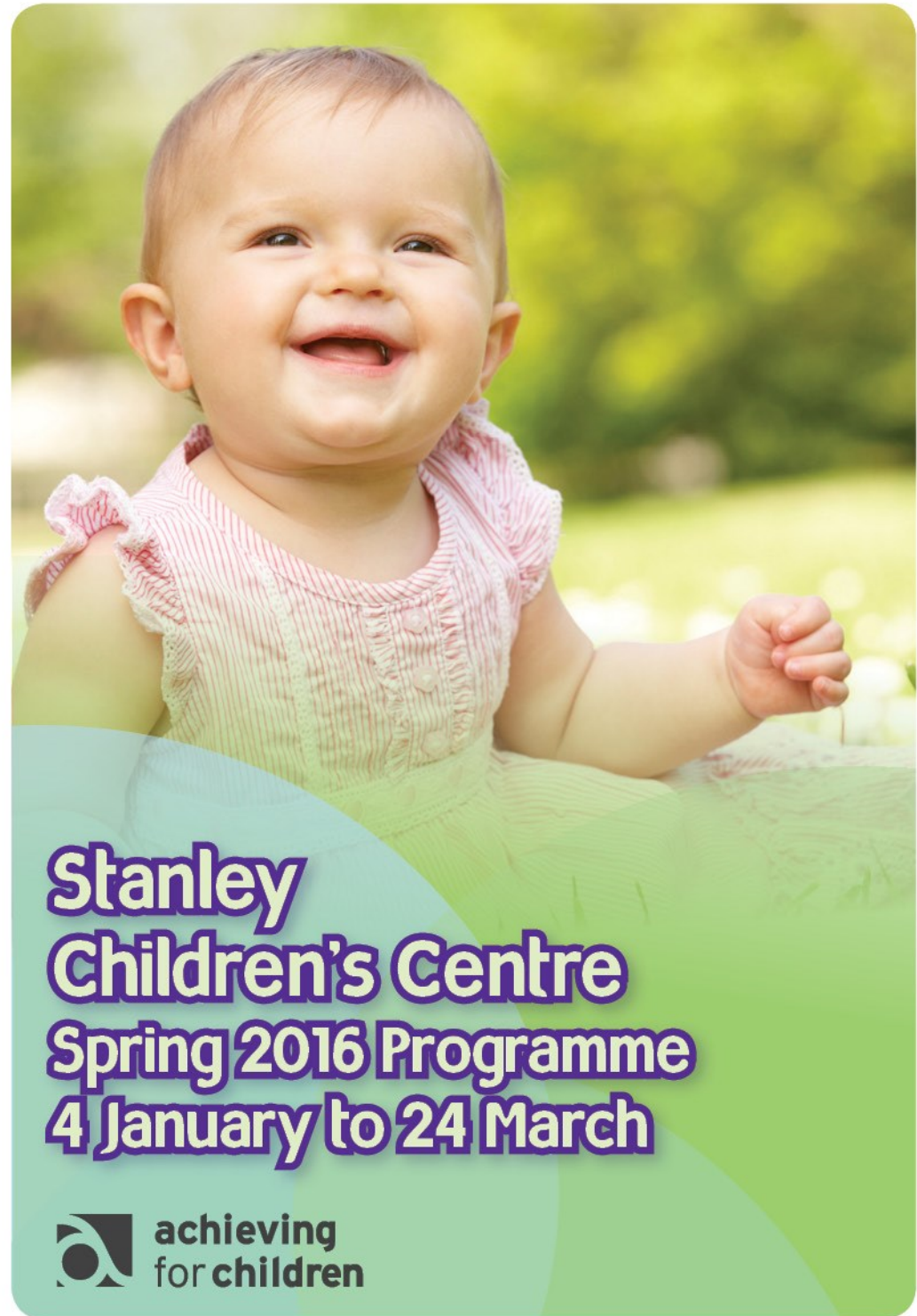
Jill Clifford	Children's Centre Manager
Abbie Sims	Children's Centre Children and Family Worker
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Michaela Ottewill	Children's Centre Lead Outreach Worker
Sue Withers	Children's Centre Administrator
Julia Head	Children's Centre Administrator
Abbie Harris	Children's Centre Apprentice

Translation Advice

Please contact us if you need this leaflet in Braille, large print, on audio tape or in another language.

Phone: 020 8891 1411

Minicom: 020 8831 6001



Stanley Children's Centre Spring 2016 Programme 4 January to 24 March

 **achieving
for children**

Monday

HENRY Workshops**
11 Jan Managing feelings & behaviour:
 9.30-11.30am
1st Feb Healthy cooking:
 1.00-3.00pm

ESOL**
Starting 18 Jan
 9.30-11.30am

Kaizen Workshops**
 Introduction
18 Jan: 9.30-10.30am
 Foundation
8 Feb: 9.30-11.30am
 Workshop 1 & 2
22 Feb: 9.30-11.30am
29 Feb: 9.30-11.30am

Juma Baby Tempo**
11 Jan-8 Feb
22 Feb- 14 Mar
12.00 noon-12.30pm

Singing Hands*
11 Jan-29 Mar
2.00-3.00pm
 Closed group

Baby Massage
11 Jan-8 Feb
2.00-3.00pm
Domestic Abuse Advice Support*
12.00 noon-4.00pm

Stay & Play at Sacred Heart School*
Starting 18 Jan
1.30-3.00pm

NEW!

Tuesday

Stay and Play*
Starting 12 January
9.30-11.30am

Your local NHS speech & language therapist will be available to answer your questions on your child's speech, language and communication skills.

Me, You & Community Too**
9 Feb and 8 Mar
1.00-2.00pm

Communic8
 Pre-booked sessions
Starting 12 Jan
1.30-3.00pm

Babbling Babies***
12 Jan-9 Feb
3.30-4.15pm

Soft Play at St Peter & St Paul Church, Teddington*
Starting 12 Jan
1.15 - 2.45pm

Crafty Tales at the ETNA Community Centre**
12 Jan-9 Feb
23 Feb-15 March
2.00-2.30pm

NEW!

Wednesday

One & Two Year Health Reviews**
Starting 6 January
9.00am - 12.00 noon
 Health Visitor Session.
 Please ring 0208 973 3490 to make an appointment

Paediatric First Aid Workshops X2***
Part 1: 27 Jan
Part 2: 3 Feb
9.30am -11.30am

Part 1: 9 Mar
Part 2: 16 Mar
9.30-11.30am

Little Acorns*
Starting 6 Jan
1.30-3.00pm
 Invitation only

Baby Massage at The Langdon Down Centre***
20th Jan-10th Feb
9.30-10.30am

Paediatric First Aid Workshops***
Part 1: 17 Feb
Part 2: 24 Feb
9.30-11.30am

Positive Parenting at Sacred Heart School**
24 Feb-23 Mar
9.30-11.30am

NEW!

Thursday

Well Child Health Clinic**
Starting 7 January
9.00-11.30am
Baby Massage***
25 Feb-24 Mar
10.00-11.00am
Bumps & Babies*
Starting 7 January
2.00-3.00pm
Bookstart Corner**
Starting 14 Jan
3.30-4.15pm
 By Invitation only
HENRY Talks
28 Jan
Oral Health for Babies:
2.00-3.00pm
Oral Health for Toddlers:
3.30-4.30pm
25 Feb
Baby Weaning: 2-3pm
Toddlers diet: 3.30-4.30pm

Bumps & Babies at St Mark's Church*
Starting 14 Jan
9.30-10.30am

Hampton Court **
Palace Garden Project
10 March: Stanley
17 March: Hampton Court Palace
24 March: Stanley
1.30-3.30pm
 Please speak to a member of staff for details.

NEW!

Friday

Stay and Play*
Starting 8 January
9.30-11.30am

Twinkle Stars*
Starting 8 January
2.00-2.30pm

LK Fitness Multi Sports**
22 Jan - 12 Feb
22 Feb- 18 Mar
2.00 - 3.00 pm

See-Saw at Orleans House Gallery £
10.30-12.00 noon
 £6 per adult & child. £3 per sibling. **Free entry available** for Stanley Children's Centre families who are eligible. Please speak to a member of staff.

NEW!

Rock & Rhyme at Building Blocks Nursery, Teddington*
Starting 15 Jan
12.00 noon-12.30pm
 By Invitation Only

Gymboree at 133 St Margarets Rd, Twickenham**
22 Jan-12 Feb
26 Feb-18 Mar
2.00-2.45pm

Saturday

Dads Messy Play*
16 Jan-6 Feb
27 Feb-19 Mar
10.30-11.30am

Outreach Sessions

Key

* Drop In

** Booking Only

*** Phone centre to be added to waiting list

£ Paid Session

Babbling Babies 0-12mths

A course of five sessions focusing on the early language and communication skills babies need as they get to know the people and the world around them.

Baby Massage 0-12mths

An excellent channel through which to communicate love, comfort and nurturing touch which will support bonding and attachment. **Please phone the centre to be added to the waiting list.** Run at the centre and also The Langdon Down Centre 2A Langdon Park, Teddington, TW11 9PS

Bookstart Corner 1-2yrs

A four week family programme to develop a love of stories, books and rhymes. Run by Family Information Service outreach worker. Invitation only.

Bumps and Babies

Run in the centre and also at St Marks Church. For **mums to be** and parents or carers of **babies up to 12 months**. An informal play and chat session enabling you and baby to spend some quality time together.

Crafty Tales 2-4yrs

A fun and interactive session combining music and storytelling! **Please phone the centre from 2pm On Monday to book.**

Dads Messy play 0-5yrs

Time for dads and male carers to come and get messy with their children for an hour. Please wear clothes you don't mind getting messy!

Domestic Abuse Advice Support

Our domestic abuse advisor is trained in how domestic abuse affects people and can offer free, confidential support and help. Please contact the centre or drop in to the centre for more information.

ESOL

A course to improve English skills run by Richmond Adult Community College tutor.

Gymboree 1-2yrs

133, St Margarets Road, Twickenham, TW1 1RG. Music, song, dance and imaginative play to create a . **Please phone the Centre from midday Thursday to book a place.**

Hampton Court Garden Project

An exciting opportunity to be involved in a project for Hampton Court gardens! Please speak to centre staff for more details.

Henry

Health, exercise and nutrition advice and support for you and your family. Including oral health talks. Healthy cooking with children workshop: 2 -5yrs

Juma Music Baby Tempo 0 – 12mths

Interactive, sensory music classes for babies, parents and carers. **Please phone the centre from 9.00am Monday to book.**

Kaizen

Resilience workshop for adults designed to help you overcome difficult and stressful situations as well as promoting personal wellbeing. Crèche provided.

Little Acorns 0-5yrs

A creative and fun interactive session learning through play. **Invitation only.**

LK Fitness Multi Sports 2-4yrs

A fun sports session to support your child's physical development. **Please phone the centre to book onto the four week course.**

Me, You and Community Too

Half termly informative talks covering subjects such as personal safety and community issues. Tell us which topics you would like covered! Speak to a member of staff.

Multiple Births Group under 2yrs

An informal play session which offers an opportunity to meet other families who have children of multiple births. and how to promote a healthy diet.

One & Two Year Health Reviews

Please ring the Health Visiting Administration Service to book an appointment on **0208 973 3490**

Paediatric First Aid Workshops

The course consists of two 2 hour workshops covering accidents, emergencies and CPR. **Please phone the centre to be added to the waiting list.**

Positive Start Parenting Course

A five week programme run by centre staff giving parents information on parental well being, positive parenting, child development and behaviour. **Please phone the centre to be added to the waiting list.**

Rock and Rhyme 2yrs+

Outreach session at Building Blocks Nursery, Teddington. A music and movement session for children supported by their carer. **Invitation only.**

See-Saw 0-5yrs

Orleans House Gallery Riverside Twickenham TW1 3DJ See Saw allows children to learn, play and explore. Sessions include music, play materials, soft play, creative activities, stories and rhyme time. **Pay the gallery directly on the day.**

Singing Hands 0-5yrs

Session to support communication skills using Makaton Signing, symbols and multi-sensory props. This is a closed group for children with additional needs, disabilities & learning delay & their siblings

Stay and Play 0-5yrs

Planned sessions run by Children Centre Staff which encourage children to learn through play, stories and singing, supported by their carer.

Soft Play under 2yrs

Outreach session at St Peter & St Paul Church, Teddington. A soft play session to help develop physical and social skills

Twinkle Stars 0-5yrs

Parents Forum lead session including rhymes, songs and instruments. Come and join the fun!

Well Child Health Clinic

This is run by our local Health Visiting Team, please phone **0208 973 3490** to make an appointment for your baby's routine growth monitoring and/or assessment of mothers emotional well being.